



ST. MARY'S COLLEGE (AUTONOMOUS)

(Re-accredited with 'A+' Grade by NAAC – 4th Cycle)
Thoothukudi - 628001, Tamil Nadu, India
(Affiliated to Manonmaniam Sundaranar University)

DEPARTMENT OF PSYCHOLOGY

DEPARTMENT ACTIVITIES (2023-2024)

SN	DATE	TITLE	ACTIVITY	RESOURCE PERSON	BENEFICIARIES
1	26.6.2023	Just say NO!	Awareness programme	Mr. S. Sivasubbu, DSP, Bothai Porul thadupu matrum mathu vilaku amalaka pirivu, Tuty. Ms. C. Judy, Inspector Bothai Porul thadupu matrum mathu vilaku amalaka pirivu, Tuty.	I, II, III UG & I, II PG Psychology Students (89 students) III UG Comm. & Eng SSC
2	30.6.2023	PRIDE Month: Movie review interactive session	Movie review	Faculty, Department of Psychology, SMC	I, II, III UG & I, II PG Psychology Students (89 students)
3	11.07.2023	Millets and its uses	Interdepartmental Rangoli & Slogan Competition	-	Students from all departments
4	19.08.2023	International self-care day	Gratitude and awareness session	Rotary club of Pearl city & Students, Dept. of Psychology	50 sanitary workers from Thoothukudi Corporation
5	28.08.2023	Observatory session	Fieldtrip to Anganvaadi, Toovipuram	-	I PG Students, Dept. of Psychology
6	12.9.2023	Suicide prevention & awareness	State level symposium	Faculty from Indian Psychiatric association, TN Chapter	All Psychology students & counsellors from Govt. homes and schools

7	10.10.2023	World mental health day celebration	Rally at Thenkasi with Bhodhi Mental health center	Dr. Karthick, Psychiatrist, Bhodhi Mental health center, Thenkasi	All UG & PG students of the department of Psychology
8	14.10.2023	Movie time	Por Tholzil movie for Psychopathological behaviour	-	All UG & PG students of the department of Psychology
9	18.1.2024	Awareness session	Drug usage among adolescents	Mr. John Moses Giritharan, Asst. Prof. Dept. of Criminology, Kamaraj College, Tuty	All UG & PG students of the department of Psychology
10	8.2.2024	Intra departmental Poster competition	Talking is healing	Mr. Alex, DCPO, Thoothukudi	All UG & PG students of the department of Psychology
11	14.2.2024	Orientation program	Enhancing prosocial behaviour among college students	Dr. Rizwana Fathima MD (Psy.) Asst. Prof. in Psychiatry, GTKMCH Mr. S.N. Saravanan Director, R-Soya, NGO Mr. P. Suresh Kumar Social worker, ECRC, Tuty.	All UG & PG students of the department of Psychology
12	17.2.2024	Field visit	Adaikalapuram St. Joseph's charity home	-	All UG & PG students of the department of Psychology
13	28.2.2024	Science exhibition	Science Expo 2024	-	School students from Thoothukudi Corporation
14	8.3.2024	One day National Workshop on Qualitative research in Psychology	National Workshop	Mr. Subair / Ms. Nimitha, Department of Psychology, WIRAS, Kannur	All UG & PG students of the department of Psychology